## **Printing instructions**

## 1 Print the sizing guide



## Measure your printout

ightarrow Place your ruler on the scale below and ensure they measure the same.

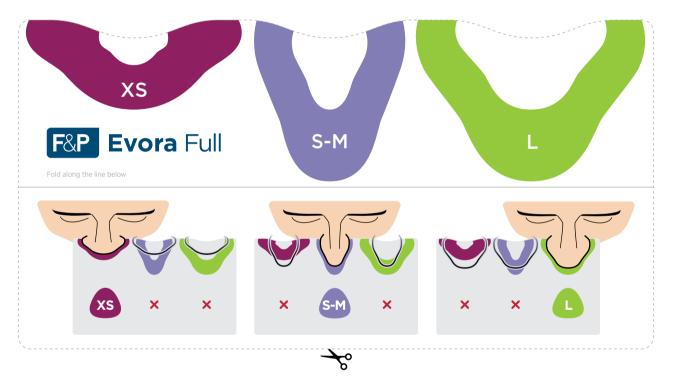
- $\rightarrow$  Ensure you select "Actual size" and not "Fit" in the printer settings.
- ightarrow For best results, print in color.

 $\rightarrow$  Print on U.S. Letter- or A4-sized paper.

3 5 6 7 8 9 10 12 0 1 2 Л 11 13 14 15 3 0 2 4 5 6

## Sizing guide instructions





2

Hold the guide so that it presses against the underside of your nose.





Choose the size that best fits your nose.

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